Jose Orcasita-Ng, P.A.

7000 West 12 Avenue Ste 21-22

Hialeah, FL 33014

Tel: (305)362-9560

Fax: (305)827-1581

My blood pressure goal is 135-85.

My Ideal blood pressure is 120/80.

Any readings above 140-90 are considered high blood pressure.

For diabetic persons any blood pressure above 135-85 is TOO HIGH

Date	Blood Pressure in the Morning	Blood Pressure in the Afternoon	Comments